

Council Announcement

March is Epilepsy Awareness Month

One in 10 Ontarians will have a seizure in their lifetime.
One in 100 Ontarians will be diagnosed with epilepsy.
People are diagnosed with epilepsy at any age.
54 new cases of epilepsy are diagnosed every day.
There are over 30 types of seizures.
Everyone should have Seizure First Aid training (not the same as First Aid training) and know what to do if someone has a seizure.

Many people don't tell anyone their health status due to public misconceptions about the condition.

Epilepsy Awareness Month is an excellent opportunity to begin a discussion about epilepsy, educate the public and break down the stigma of epilepsy. The official colour for Epilepsy Awareness is Purple. Cassidy Megan, a Canadian girl from Nova Scotia started March 26th as Purple Day for Epilepsy.

This request for a Council Proclamation comes from Epilepsy Southwestern Ontario – a local nonprofit agency who aims to raise awareness of epilepsy and to provide education and support services to people with epilepsy and their family, as well as provide education to the public.

Thank you for making this proclamation in Council proceedings.

Sincerely
Epilepsy Southwestern Ontario